

## **Session 2022-2023**

### **NSS**

We have National Service Scheme unit of 100 members. NSS works for creating Social sensitivity and responsibility among the students. Students gather along and contribute for social services. Tree plantation, cleanliness drive, social survey, Drive against drugs and alcohol, Adult education, awareness campaign about early marriages, dowry customs, Health Check-up camp for Villagers etc. are the field of work. We also work for environmental issues. Save water campaign, Say no plastic, Voter awareness campaign etc. are also carried out after a regular period of time. We organized 7 days camp of NSS cadets in nearby villages. We adopt a small village for that. We performed an essential Job. We visited a small village named Ganvsut. We presented useful gift to the patients of Rural Hospital Umred on the occasion of Diwali. A small get-together was arranged in village. Members from our college management had also joined in the cause. We distributed various types and healthy fruits to the patients. We think it was a very good thing that we have done in this pandemic. Students got inspiration for social work from this work of humanity. Professors as well as non-teaching staff also actively participated in this activity. As well as NSS Department of Mahila Kala Mahavidyalaya organized a program on the occasion of Covid-19 vaccination camp in Corona Pandemic. Member of management, Teaching and students combinely participated the program. NSS Department was arranged the Covid-19 Booster Dose Vaccination camp with the help of Rural hospital, Umred. Most of the students, Citizens, Staff has benefited by this camp

## 1. UPSC / MPSC / Competitive Examination Guidance Center

We run this Competitive exam Guidance Center in our college. Students from our college as well as from the other colleges also joined the classes. Experts guide the students for free of charge. This program benefitted majority of the students. Many students have got jobs due to this activity. We built confidence and improve knowledge among the students. About 150 students registered and joined the classes. Subjects like English, Marathi, Political Science, History, Economics, Sociology and General Knowledge, Mathematics etc. were taught in offline system. Outcomes of these programs were shown positive. We teach how to prepare for the subject, how to face the personal interview etc. It is proved to be one of the best activities in our college.

Two Days Workshop was organized by Competitive exam, Department **on the basic computing skill for Beginners** on 22<sup>nd</sup> to 23<sup>rd</sup> November 2022. In this programme Prof. Pramod Meshram, Randhirsingh Bhadoriya Mahavidyalaya, Umred briefly told how to learn and implement the computing skill in student life. Prof. Rahul bhusari, said the students about the importance Computing skill in modern era.

As well as Two Days Workshop was organized by Department of Competitive exam on Smart Girl on 18<sup>th</sup> to 19<sup>th</sup> November 2022. In this programme Mrs. Nitin Pohare, Shri. Niketan Mahavidyalaya, Saoner briefly told how to make and develop ourselves and how to become as a smart personality. 80 Students & 06 Faculties were present.

## **Sports Training Camp**

**One Week Karate Training Camp** was organized by Sports and Physical Education Department, on 17<sup>th</sup> to 24<sup>th</sup> March 2023. In this programme Shihan Devendra Goverdhan and Nalu Goverdhan taught some basic technics of karate to the students. They guided about how to prevent ourselves. All the participants participated in this program with zeal and enthusiasm. 110 Students were present.

**Two Week Yoga Sadhana Shibir** was organized by Sports and Physical Education Department, on 10/04/2023 to 25<sup>st</sup> April 2023. In this programme different positions of Yoga and Pranayama were demonstrated by Mrs. Alka Rewatkar, Mrs. Khante & Mrs. Aruna Hajare. Ladies of Umred regularly attended the shibir and the benefits of each position were communicated to the students and other ladies by Prof. Arti Khewale, Sport and Physical Education Department. Mrs. Alka Rewatkar detailed guide on yoga steps, various types of yoga, In his address, she briefly told the students about yoga and implored the students to keep the ideals of pranayama in front of them. All the participants participated in this program with zeal and enthusiasm.

**Two week Summer Skill development Training Camp** was organized by Sports and Physical Education Department, on 10<sup>th</sup> to 25<sup>th</sup> May 2023. In this programme Shihan Devendra Goverdhan and Nalu Goverdhan taught some basic technics of karate to the students. Sau. Vasudha Khante Taught Yaga, Pranayam & Asanas. Mr. Nikhil Utane taught Aerobics. Mrs. Shruti Rapelliwar taught drawing, Mr. Rapelliwar and Prof. Upendra Bagul taught chess. Sarang Bhat Ladse had guided about Singing, Ravindra Misal Guided about Skill education. It included different types of sports such as athletics, kabbadi, Kho-kho, karate, chess & drawing. Training was given to them by national & international sports teachers. As well as competition was organized for the students to know about what they have been taught in the camp. All the students actively participated in competition. Best students were honoured & awarded the prize by guest at the concluding session. All the participants participated in this program with zeal and enthusiasm. 150 Students were present.

The objective of this camp was to develop the different skills within the students & inform them about several types of sports. Training was given to them by national & international sports teachers. Yoga session was organized for the students. Again the students were given the guidance about the problems related health & psychology.